



# **Basic Firefighting Training**

#### Introduction

A fire can cause catastrophic damage, from destroying property and halting production to endangering lives and reputations. But with proper preparation and training, these risks can be significantly minimized—or avoided altogether.

This Basic Firefighting Training workshop empowers participants with the knowledge and skills to act quickly and effectively in the face of fire emergencies. By learning to prevent, control, and suppress fires, your team will become a vital force in safeguarding your workplace.

Fires can strike unexpectedly, leaving devastation in their wake. Without adequate preparation, the consequences can escalate rapidly—affecting business performance and the broader economy.

This course is a mandatory training program that complies with the Ministry of Labor's 2012 regulations on occupational safety, health, and fire prevention. By participating, your team will:

- Learn to prevent fires before they start.
- Manage initial fire suppression to control potential spread.
- Build a culture of fire safety within your organization.

## **Course Objectives**

By the end of this course, participants will:

- 1. Develop a cooperative attitude toward fire prevention and control.
- 2. Gain the knowledge and skills to reduce loss of life and property in fire emergencies.
- 3. Learn theoretical and practical techniques for fire prevention and suppression applicable in both work and daily life.
- 4. Ensure your organization meets legal compliance with the Ministry of Labor's safety and health regulations.

#### **Contents**

This comprehensive training covers key aspects of firefighting, including:

- 1. Understanding Fire Theory: Learn how fires start and behave.
- 2. Types of Fires and Methods to Extinguish Them: Discover appropriate responses for different fire types.
- 3. Psychology of Fire Emergencies: Understand human behavior during fire incidents to manage panic effectively.
- 4. Preventing Ignition Sources: Identify and eliminate fire risks in the workplace.
- 5. Types and Use of Fire Extinguishers: Gain hands-on experience with various extinguishers.
- 6. Personal Protective Equipment (PPE): Learn the proper use of PPE in firefighting scenarios.
- 7. Fire Prevention Planning: Develop proactive strategies to mitigate risks.
- 8. Fire Safety Systems: Utilize workplace fire safety equipment and systems effectively.

### Instructors

Our instructors are certified professionals with over a decade of experience in fire suppression and safety training. They are legally registered with the Department of Labor Protection and Welfare, Ministry of Labor, ensuring that your team receives training of the highest standard.

# Who should attend?

This course is for everyone. Whether you're an employee, a manager, or simply someone who wants to be prepared, this training provides the tools and knowledge to make a real difference in emergencies.

#### **Learning Format**

This course is designed with a learner-centered approach to maximize engagement and effectiveness. Participants will:

- Learn through expert-led lectures.
- Practice fire suppression techniques in realistic simulated scenarios.

With sessions limited to 20 participants, we ensure personalized attention and an immersive learning experience.

#### **Duration**

1 day, 9:00 AM - 4:00 PM (6 hours).